



<i>Hours</i>	<i>Room 1</i>	<i>Room 2</i>
8 : 30 a.m.	Welcoming moment for all	
8 : 45 to 9 : 45 a.m.	Opening Conference : International Plenary Pr Craig Ritchie , Alzheimer Scotland Mrs Wendy Weidner , Alzheimer’s Disease International M David Troxel , Best Friends Approach	
9 : 45 to 10 : 45 a.m.	Conference 1 : Taking care of oneself to better take care of others : compassion fatigue and communication challenges Ms. Rose-Marie Charest , Psychologist and speaker	Conference 2 : Fuel for the brain : discover new scientific advances to reduce the risk of developing Alzheimer’s disease Dr Stephen C. Cunnane , University of Sherbrooke
10 : 45 to 11 a.m.	Active Break – Ms. Karine Larose , Nautilus Plus	
11 a.m. to 12 p.m.	Conference 3 : Promoting early diagnosis and introducing the <i>My Cognitive Health</i> tool Dr Howard Chertkow , Baycrest and Rotman Research Institute Marie Christine Le Bourdais & Sarah Djimani , Alzheimer Society of Montreal	Workshop 1 : Cognitive rehabilitation and maintenance of meaningful activities Dr Maxime Lussier , Research Centre of the Institut universitaire de gériatrie de Montréal



Hours	Room 1	Room 2
12 : 00 to 1 : 00 p.m. (Lunch)	Lunch Panel and testimonial Dre H��l��ne Carbonneau, <i>Ensemble pour le plaisir project,</i> <i>Universit�� du Qu��bec �� Trois-Rivi��res</i> Ms. Maria Vilas, <i>caregiver</i>	
1 : 00 to 2 : 00 p.m.	Conference 4 : Innovative and alternative practices for persons with advanced dementia Dr Gr��gory Ardiet, University of Qu��bec in Abitibi-T��miscamingue	Conference 5 : Healthy living habits and maintaining cognitive reserve Dre Karen Debas, IUSMM, CIUSSS de l'Est-de-l'��le-de-Montr��al Mr. Lo��c Barbaux, Sleep, Cognition and Neuroimaging Lab, Concordia University
2 : 00 to 2 : 15 p.m.	Active Break – Chair Yoga (Ms. Annie De Grandmont, Alzheimer Society of Montreal)	
2 : 15 to 3 : 15 p.m.	Conference 6 : TBA Mr. Dale Bredesen, The Institute for functional medicine	Conference 7 : Panel on new technologies and adaptation to neurocognitive disorders Ms. Diane Lamontagne, AQDR Pointe-de-l'��le Ms. Val��rie Larochelle, Euforia
3 : 15 to 3 : 30 p.m.	Active Break – Ms. Karine Larose, Nautilus Plus	
3 : 30 to 4 : 30 p.m.	Closing conference for all Home care for seniors with Alzheimer's disease and their families Dr Philippe Voyer, Laval University	